SUNDAY, April 21, 2024

9:45 am Sunday School 11:00 am Worship Service

1:00 pm Ministry Team Meetings

TUESDAY, April 23, 2024

6:00 pm After the Sermon

7:00 pm Phone-In Prayer Meeting

THURSDAY, April 25, 2024

6:30 pm Women's Bible Study

CHURCH OFFICE HOURS THIS WEEK:

 Mon., April 22
 Tues., April 23
 Wed., April 24
 Thurs., April 25

 9:30 am - 1 pm
 9:30 am - 1 pm
 9:30 am - 1 pm

How Do I Join Upper Seneca Baptist Church

- **By Salvation** ~ By professing faith in Jesus Christ and following Him in believer's baptism.
- By Transfer of Letter ~ By transferring your membership from another Baptist Church.
- By Statement of Faith ~ By statement of faith in Jesus Christ.

If you have not been baptized by immersion since your conversion, you will need to follow the Lord in believer's baptism.

When Do I Join?

At the close of every worship service as we sing the "Invitation Hymn", the pastor stands facing the congregation. Walk to him and tell him you want to join the church or make some other decision.

Pastor Dennis Felder pastordennis@usbchurch.org

23401 Davis Mill Road Germantown, MD 20876 Phone: (301) 972-3686

Nursery & Children's Church available Church Office 301-972-3686

E-Mail – <u>Church@USBChurch.org</u> Web Site – <u>www.USBChurch.org</u>



Scan this QR code which points to our Church's Main Web Page (http://www.USBChurch.org)

Weather Policy

If the church cancels or postpones any service or activity due to inclement weather or wintery conditions, a cancelation notice will appear on the church's Facebook page, church's website, through church email, and on the church's voice recorder. To access the church's voice recorder, please dial (301) 972-3686. The church will only post a cancelation message if a service or activity is canceled or postponed.

Upper Seneca Baptist Church



Impacting The Kingdom Of God One Person At A Time

Upper Seneca Baptist Church

11:00 am Sunday Worship Sunday Worship April 21, 2024

*Song "Good Grace" Congregation

Prayer/Welcome Pastor Dennis

*Song "Amazing Grace" Congregation
(My Chains Are Gone)

**Message "OVERCOMING REGRETS AND Pastor Dennis MOVING FORWARD" "Psalm 103:12" (NIV)

*Song "Running Home" Congregation

*Song "Something Beautiful" Congregation

Your tithes and offerings will be collected at the end of the service upon leaving.



Sunday, April 21, Ministry Team Meeting

Sunday, April 21, Fellowship at the "Hendricks Home"

Sunday, April 28, Church Chat

Sunday, April 28, Holy Rollers "Bowling"

Sunday, May 19, Music Sunday



Don't forget to mark your calendar for **April 28** for our next *Church Chat*. As usual, immediately following our Sunday morning worship service, we will gather in the church foyer/coffee shop for a 10-minute informal meeting. During this 10-minute time period, I

will be sharing with everyone about upcoming events, areas where the church needs help, and receiving vital input from our church family. *Church Chat* is a great way of keeping everyone informed about all the activities and church events that will be taking place.

USBC would like to invite you to attend our *Sunday School* hour (from 9:45 a.m. to 10:45 a.m.). There is a *Sunday School* class for all ages (young children, teenagers, and adults). Do not miss out on these special Bible studies to help you grow in your faith and understanding of God's word.





A special **Music Sunday** will be taking place on **May 19** during our 11 a.m. worship service. On this day, our entire service will be of music. So, if you have a special hymn or song that you would like for our church to sing, please use the *Song Request Slip* in your bulletin to write

down your request and place it in the offering plate.

^{*}Denotes Congregation standing

^{**}Children will be dismissed to their classrooms following the Sermon Video (prior to the Message). Words to hymn music printed by permission CCLI License #1159459

"Overcoming Regrets and Moving Forward"

By Pastor Dennis Felder April 21, 2024

Scripture: Philippians 3:13-14 (*NIV*)

Synopsis: Regret can weigh us down, holding us back from experiencing the fullness of life that God intends for us. It can prevent us from moving forward, growing, and embracing the future with hope and joy. But through Christ, we are offered forgiveness, redemption, and a fresh start.

How to overcome your regrets:

T.	vour	regrets
1.	your	regrets

<u>Philippians 3:13a</u> – Brothers and sisters, I do not consider myself yet to have taken hold of it. ...

<u>It is important to acknowledge and confront your regrets, both</u> honestly and courageously.

<u>Psalm 51:3-4</u> – For I know my transgressions, and my sin is always before me. Against you, you only, have I sinned and done what is evil in your sight; so you are right in your verdict and justified when you judge.

Regrets can weigh you down and hinder your spiritual growth if left unchecked.

<u>Psalm 38:4</u> – My guilt has overwhelmed me like a burden too heavy to bear.

Let God help you to take a true assessment of your life.

<u>Psalm 139:23-24</u> – Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.

II.	of	your	regrets.

<u>Philippians 3:13b</u> – ... But one thing I do: Forgetting what is behind and straining toward what is ahead.

Dwelling on your past mistakes will eat you alive.

Proverbs 23:7 – For as a man thinks in his heart, so is he.

You need to have a desire to let go of your regrets.

<u>Psalm 51:10</u> – Create in me a pure heart, O God, and renew a steadfast spirit within me.

Only you can make the choice of letting go of your regrets.

1 Peter 5:7 – Cast all your anxiety on him because he cares for you.

III. ______ beyond your regrets.

<u>Philippians 3:14</u> – I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

Let your past regrets bring you to God's grace.

Romans 5:20 – But where sin increased, grace increased all the more.

When you move beyond your past, you can experience a new life.

<u>Isaiah 43:18-19</u> – Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland.

Because of Christ, your past cannot hold you back.

<u>John 8:36</u> – So if the Son sets you free, you will be free indeed.

If you would like to listen to the sermon on-line, please visit our website at www.USBChurch.org.



USBC will be having regular meetings with both the *Ministry Teams* and *Church Leadership* on a regular basis. The purpose of these meetings is for planning, implementation, communicating, and

coordinating events and activities for the church.

Today, the following *Ministry Teams* and *Church Leadership* will meet for about 15 minutes following the 11 a.m. worship service.

<u>Children's Ministry/VBS, Young Adults Team, and Buildings & Grounds</u>

Join us for a time of fellowship at the home of Cecil and Gladys Hendricks **today**, in Clarksburg, MD, immediately after church. We will enjoy a light lunch together and have the opportunity to connect with one another. All are welcome to join in on



this wonderful time of getting to know each other. If you are planning on attending, please **sign-up** in the church's foyer. See you there!



The church invites everyone to join us on Sunday, **April 28** to enjoy the fun and fellowship of duckpin bowling. We will meet at 1:00 p.m. at the **Mt. Airy Bowling Lanes**. Even if you are not going to bowl, we still encourage you to come and be a cheerleader. The cost is \$18.00 per bowler and that includes

the shoe rental and 2 hours of bowling. While you are there, you can purchase food to eat at their snack bar. The address to the bowling alley is 304 Center Street, Mt. Airy, MD 21771. Sign up in the foyer to join in on the fun!

